



## Drinking water

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### Who or what might have interacted with it before?

List the actors with whom water interacts. Fill in each "box" with one actor.  
Create more boxes if necessary.






## Drinking water

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**How does this water connect you to other life forms who depend on it, now and over time?**

Write your thoughts below and/or paste your own notes.




## Drinking water

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**Imagine how drinking this water might affect your body and how do you affect/change it and your shared environment?**

Write your thoughts below and/or paste your notes.





## Drinking water

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### **Have you had a chance to do any desk research?**

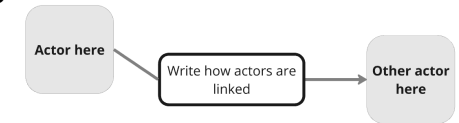
Write down any desk research or any other notes you consider relevant.



## Drinking water – Actor Network Map

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Drawing from the previous exercise, create an actor network map based on the actors identified. Consider the information that you have collected, and try to interconnect the various actors and describe how/why the actors are linked.





## Observing a tree/plant/flower

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**Observe the plant's structure, from leaves to roots.**

**How does its form adapt to its surroundings?**

**How might it change over time, or in different conditions?**

Write your thoughts below and/or paste your own notes.




## Observing a tree/plant/flower

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**Touch the plant gently. What does its texture tell you about its environment? Imagine how it interact with other life forms. What creatures might depend on it?**

Write your thoughts below and/or paste your own notes.




## Observing tree/plant/flower

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**List the nonhuman actors who interact with the plant/flower/tree.**

List the actors with whom the tree/plan/flow interacts.

Fill in each box with one actor.




## Observing a tree/plant/flower

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**How does this plant's presence affect/change you, others, and your shared environment?**

Write your thoughts below.


**How does your consumption affect the plant it came from?**

Write your thoughts below.




## Observing a tree/plant/flower

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### **Have you had a chance to do any desk research?**

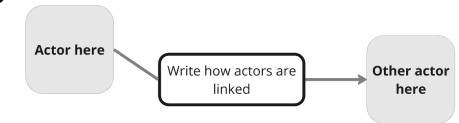
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## Observing a tree/plant/flower – Actor Network Map

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Drawing from the previous exercise, create an actor network map based on the actors identified. Consider the information that you have collected, and try to interconnect the various actors and describe how/why the actors are linked.





## Drinking coffee

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**Think about the journey of this coffee, from seed to cup. How has it been shaped by nonhumans along the way?** Write your thoughts below.


**List the nonhuman actors who shaped coffee, from seed to cup.**

Write your thoughts below and/or paste your own notes




## Drinking coffee

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**Imagine how this coffee plant might have affected the soil, insects, or animals around it as it grew.**

Write your thoughts below and/or paste your own notes.




## Drinking coffee

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**How does preparing/buying and drinking this coffee change you in the moment?**

Write your thoughts below and/or paste your own notes.




## Drinking coffee

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### How do you affect/change them and your shared environment?

Write your thoughts below and/or paste your own notes.




## Drinking coffee

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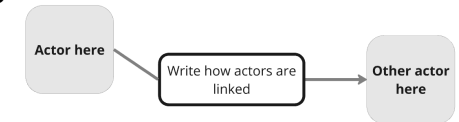
### **Have you had a chance to do any desk research?**

Write down any desk research or any other notes you consider relevant.



## Drinking coffee – Actor Network Map

Drawing from the previous exercise, create an actor network map based on the actors identified. Consider the information that you have collected, and try to interconnect the various actors and describe how/why the actors are linked.





## Observing the air

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**Feel the air around you. Does it carry warmth, coolness, moisture?**

**How might this same air feel to a bird, plant, or insect nearby?**


**List the nonhuman actors you thought of earlier.**

Fill in each "box" with one actor.  
Create more boxes if needed.




## Observing the air

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**Where has this air traveled before reaching you, and what scents or particles might it carry from other places?**

Write your thoughts below and/or paste your own notes.




## Observing the air

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**How does air's presence affect/change you, others, and your shared environment?** Write your thoughts below and/or paste your own notes.




## Observing the air

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**Think about how air flows across different places, picking up and depositing particles along the way. How might the air around you connect you to distant places or beings?**




## Observing the air

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### **Have you had a chance to do any desk research?**

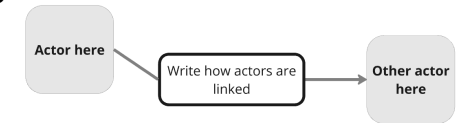
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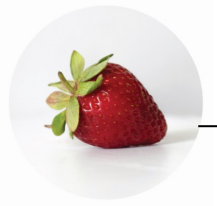


## Observing the air – Actor Network Map

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Drawing from the previous exercise, create an actor network map based on the actors identified. Consider the information that you have collected, and try to interconnect the various actors and describe how/why the actors are linked.



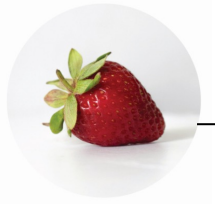


## Tasting a fruit/nut

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### Where did this fruit or nut grow?

Write in the "boxes" below. Create more boxes if necessary (or use post-its or other paper notes).

## Tasting a fruit/nut

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### Which nonhumans did it interact with (e.g., insects, soil, sun) before reaching you?

List the actors with whom the fruit or nut interacts. Fill in each box with one actor. Create more boxes if necessary (or use post-its or other paper notes).




## Tasting a fruit/nut

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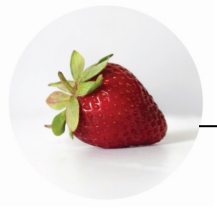
**How does eating it change you physically?**

Write your thoughts below.


**How does your consumption affect the plant it came from?**

Write your thoughts below.



## Tasting a fruit/nut

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### **Have you had a chance to do any desk research?**

Write down any desk research or any other notes you consider relevant.



## Tasting a fruit/nut – Actor Network Map

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Drawing from the previous exercise, create an actor network map based on the actors identified. Consider the information that you have collected, and try to interconnect the various actors and describe how/why the actors are linked.

